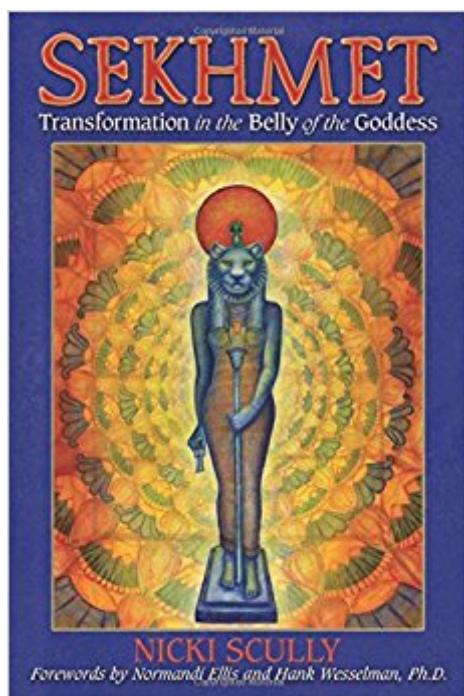


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# Sekhmet: Transformation In The Belly Of The Goddess



## Synopsis

A shamanic ritual with the Egyptian goddess Sekhmet to bring about alchemical transformation at the deepest levels of your being. Details how to work with Sekhmet to transform your negative behavior patterns and character flaws into creative impulses and higher energies. Leads you through guided visualizations, illustrated with photographs, to Sekhmet's chapel at the Temple of Karnak and through her shamanic ritual of transformation. Includes initiations, rites of passage, and transmissions from Sekhmet to release your fears and anger and rejuvenate your body, mind, and spirit. Sekhmet is the lioness goddess of the Egyptian Pantheon, a fierce protector of truth, balance, and the Cosmic order of Maat. Known and feared as the goddess of war and destruction, she also represents the transformative power of kundalini energy, or sekhem, and is the main goddess to harness this power for healing. As "She Who Comes in Times of Chaos," she takes offerings of fear, rage, and weakness and transforms them into alchemical gold, the universal medicine for physical, emotional, and soul healing. In this book you are guided through a shamanic ritual of alchemical transformation and initiation with Sekhmet, working with this powerful goddess to release your most deeply rooted negative behavior patterns and be reborn into a more purified state of consciousness. Using intensive self-examination exercises to help you prepare to meet the goddess, the author leads you through a guided visualization, illustrated with photographs, to an ancient statue of Sekhmet in her chapel at the Temple of Karnak. There, you will be shamanistically devoured by the goddess, directly experiencing the alchemical process of transformation in the belly of Sekhmet until you are rebirthed as a fully realized adult child of the goddess. You will experience how your offering of pain, fear, rage, and self-sabotage is digested, absorbed, and assimilated by Sekhmet while you are initiated into the alchemy of total transformation. The initiations, rites of passage, and transmissions from Sekhmet included in the journey restructure the most important aspects of your body, mind, spirit, and soul. This journey of shamanic death, illumination, and rebirth in the belly of Sekhmet provides an opportunity to heal on all levels and allows you to release your rage, anger, and fear as you transform the energies that maintained them into creative and constructive solutions that benefit yourself, your community, and the planet.

## Book Information

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## Customer Reviews

“Nicki Scully is a master of the sacred mysteries of Egypt, as evident in the process of transformation this unique book delivers. Her deep connection with the goddess Sekhmet gives us a powerful gift from this fiercely compassionate healing goddess that is relevant and needed during this global time of dissolution and rebirth.” (Joan Borysenko, Ph.D., author of *Minding the Body, Mending the Mind*) I am truly impressed with this remarkable book. While Nicki shares the magic of Sekhmet’s power to create healing and transformation in your life, she gifts you with sacred stories and extraordinary photos to illustrate your journey.

Nicki’s mastery is clear as she guides you through an alchemical process comprised of many initiations and exercises that will change your life. (Sandra Ingerman, M.A., author of *Soul Retrieval*) “Just reading Nicki’s fierce and fearless book can begin the process of transformation. Ah, but if you actually do the work--if you let Sekhmet devour you, digest you, heal you, change you--that is when the magic happens. Let Nicki be your loving and wise guide on this transmutational journey. It will be scary. There will be fire. But oh, it will be worth it.” (M. Isidora Forrest, author of *Isis Magic*) “Sekhmet is a potent amalgamation of Nicki Scully’s Alchemical Healing and the wisdom of Sekhmet, the transformative goddess of the threshold who arrives when the Great Ages shift. As the most intense Aquarian shift comes--Sekhmet’s hour--Nicki Scully’s guidance for regenerating our brains and body systems is a lifesaver--an exquisite healing balm.” (Barbara Hand Clow, author of *Awakening the Planetary Mind*) “Nicki Scully has decades of leading tours to the sacred sites of ancient Egypt, in two of which I participated many years ago. In the course of this book, while focused on Sekhmet, the reader will also encounter Thoth the god of wisdom; Ptah the inventor; Maat the cosmic truth, justice, and balance; Knum the potter who rebuilds the body; and

Khepera, the protector. The reader learns not only about these mythic figures but learns how to access these deities in a ritualistic way for spiritual transformation. Lavishly illustrated with striking photographs, this book is a treasure chest of healing meditations!Ã¢â€”Ã• (Ralph Metzner, Ph.D., author of *Ecology of Consciousness*)Ã¢â€”Ã“I have heard many accounts of Sekhmet and her powerful, ongoing manifestations through select individuals. This goddess refuses to be forgotten. She serves as a hierophant or bridge to a world of vast psychic potentialities. She beckons us to visit her small and obscure shrine located amid the magnificent Temple of Karnak. Nicki Scully takes us further into her mysteries as only a daughter of the goddess can do.Ã¢â€”Ã• (Jeffrey Mishlove, Ph.D., host and producer of *New Thinking Allowed* video channel)Ã¢â€”Ã“This is an amazing book, beautiful in both images and words, empowering readers to deal with the profound issues and challenges of our time. Read it to gain knowledge, surrender to its wisdom to heal yourself, and work it to transform your ability to act for the good of all our relations!Ã¢â€”Ã• (Brooke Medicine Eagle, author of *Buffalo Woman Comes Singing*)Ã¢â€”Ã“Sekhmet enlivens the alchemical fire of transmutation within and offers a pathway to become oneÃ¢â€”â„¢s most refined and potent self. All who choose to partake in this primal alchemical process and embrace Sekhmet as ally and friend have an opportunity to self-initiate into an empowered state of grace. What a gift Nicki is giving to readers.Ã¢â€”Ã• (Danielle Rama Hoffman author of *The Tablets of Light*)Ã¢â€”Ã“Are you ready for transformation? If so, this is the book for you. The belly of the goddess is a haven of peace, a cauldron of illumination and ultimate rebirth. Now, more than ever, we need Sekhmet in our lives and she is available at her finest in this book.Ã¢â€”Ã• (Kathryn W. Ravenwood, author of *How to Create Sacred Water*)Ã¢â€”Ã“Nicki ScullyÃ¢â€”â„¢s latest book, *Sekhmet*, leads the reader to new depths of understanding and connection with the mighty Sekhmet. Sa Sekhem Sahu.Ã¢â€”Ã• (Candace Ross, resident priestess at The Temple of Goddess Spirituality, dedicated to Sekhmet)

Nicki Scully has been a healer and teacher of shamanism and the Egyptian mysteries since 1983. Her many books include *Alchemical Healing*, *Shamanic Mysteries of Egypt*, *The Anubis Oracle*, and *The Union of Isis and Thoth*. Founder of *Shamanic Journeys, Ltd.*, which specializes in spiritual tours to sacred sites in Egypt, she teaches at conferences and festivals throughout the world. Nicki lives with her husband, Mark Hallert, in Eugene, Oregon, where she offers retreats, private sessions, and teleseminars.

Nikki Scully is wonderful!

I just finished taking the Sekhmet Workshop with Nicki Scully and we used this book and its exercises. I'm so new to Sekhmet but have heard great reviews about Nicki Scully and her knowledge of Egyptian deities that I had to take her class. Well, it was life altering. This book is enlightening, its exercises take you to different dimensions where you can perform healing on yourself in the physiological, spiritual even genetic DNA levels. I'm here on looking for more Nicki Scully books!

I would not have associated Egyptian mysticism with shamanism. How wrong I was! I should have realized--it's hard to get into mysticism without realizing some truths that are essential to shamanism. Referring to the "goddess" in the title should be an easy hint, as shamanistic cultures seem to be mother-earth based. Nevertheless, let's get on with it: What can you learn from this book and apply in your life? We all have the need to engage in transformation, whether by shape shifting or shifting our attitude. Heart enthusiasts will appreciate that that the process begins in the heart. The author presents from a previous book her basic process, which she calls Heart Breath. Although I was excited to see the two terms together, I was disappointed to discover, like most other guided meditations, this one uses a lot of intentional control and shaping of the experience. It is unlike our Inspired Heart meditation ([intuitiveheart.com/ih.mp3](http://intuitiveheart.com/ih.mp3)) in that our ideal is to discover the grateful heart opening at the experience of natural breathing, learning to trust "inspiration." It's interesting that the author would gravitate to such a controlled approach. I say that because in one of the more interesting passages in the book is the author's confession that she doesn't "see images," or have other such direct psychic skills. She has "only feelings" to work with, which has created for her some interesting challenges. How she integrates learning how to teach others what she knows, when they have these specific skills but lack the "knowing" ability, is worth reading, and could be the main value of the book for folks who constantly compare themselves with others to determine if they are doing things "right." This book will cure you of that!

Very important book for these times, for those not afraid of transformation this book is a life changer.

There's no Egyptian mysteries, shamanism, chakras or kundalini in Egypt. You want actual Egyptian practices I recommend Sharon Laborde, circle of the sun and following the sun. Nicki trips me out. Like her Egypt Shaman book be like the Egypt mythology is actually stages of ascension. OK well even if there's some metaphysics why she be like worship, pray to, build altar, sing hymns

to the gods? In Isis and Thoth she be like how to build a temple? Really? This is all new age crap. There's absolutely nothing in Egypt mythology that Sekhmet was associated with kundalini. I used to have chakras and kundalini, 100% symptoms, now 5% or less. So how good and natural can it be??? Long journey to tell. But listen to John Eckhart's prayers to rout demons and notice if you still feel crown sensations. God bless you!

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